

GROCERY BUDGET

One weekly number, every trip logged — including the midweek top-up, which is where budgets die.

Month _____ Household size _____

Weekly budget _____

Week	Budget	Trip 1	Trip 2	Trip 3	Spent	Left
Week 1						
Week 2						
Week 3						
Week 4						
Week 5						
Month						

Meal-plan before the big trip, shop the list, and write the total in the car before you forget. Five week rows cover any month.