DAYCARE WEEKLY PLAN

One sheet for a mixed-age group — home daycare, family child care or a small center.

Program / provider _____ **Children & ages** _____

Week of _____ **Caregiver(s)** _____

Theme / focus _____ **Posted on** _____

	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Arrival & free play						
Group time (songs, story)						
Project / art (by age)						
Outdoor play 1						
Lunch						
Rest (nap or quiet choice)						
Outdoor play 2						
Afternoon choice & snack						
School-age homework / closing						

In each cell: activity · materials · by age

Adjustments by age (infants · toddlers · preschool · school-age)

Materials & family notes

Posted for parents and visitors · the plan is adjusted to individual children's needs and the group · keep for three months after the week ends.
Family child care rules in most states mirror the center rules: a written plan covering every child in care, posted where families can see it.