INFANT WEEKLY PLAN

Planned around routines and experiences, not lessons. Each baby keeps their own feeding and sleep schedule.

Program / center _____ **Group & ages (months)** _____

Week of _____ **Primary caregiver(s)** _____

Focus this week _____ **Posted on** _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Arrival & greeting					
Diapering & care talk					
Feeding					
Tummy time / floor play					
Sensory (touch, sound, sight)					
Language & books					
Music & movement					
Outdoor / stroller / fresh air					
Nap (on each child's schedule)					

In each cell: experience · materials · words we use

Individual plans this week (child — what we are supporting)

Family input (routines, likes, changes at home)

Posted for parents and visitors · the plan is adjusted to individual children's needs and the group · keep for three months after the week ends.
Outdoor time for infants is as long as each baby tolerates; this group plan is posted, and each child's individual plan lives in their portfolio.