PHYSICAL EDUCATION LESSON PLAN

Instant activity to closure, with equipment counts, safety and the cues for every task.

Teacher _____ **Grade** _____

Date _____ **Unit / skill theme** _____

SHAPE America 2024 standard(s) & grade-level outcome

Psychomotor objective

Cognitive objective

Affective objective

Equipment (with counts)

Safety & space / organization

	Min	Task & organization	Cues / teaching points
Instant activity			
Skill development 1			
Skill development 2			
Culminating game / activity			
Closure			

Easier / harder

Assessment & MVPA minutes

SHAPE America's 2024 National Physical Education Standards: develops a variety of motor skills · applies knowledge related to movement and fitness concepts · develops social skills through movement · develops personal skills, identifies personal benefits of movement and chooses to engage in physical activity. Independent layout.