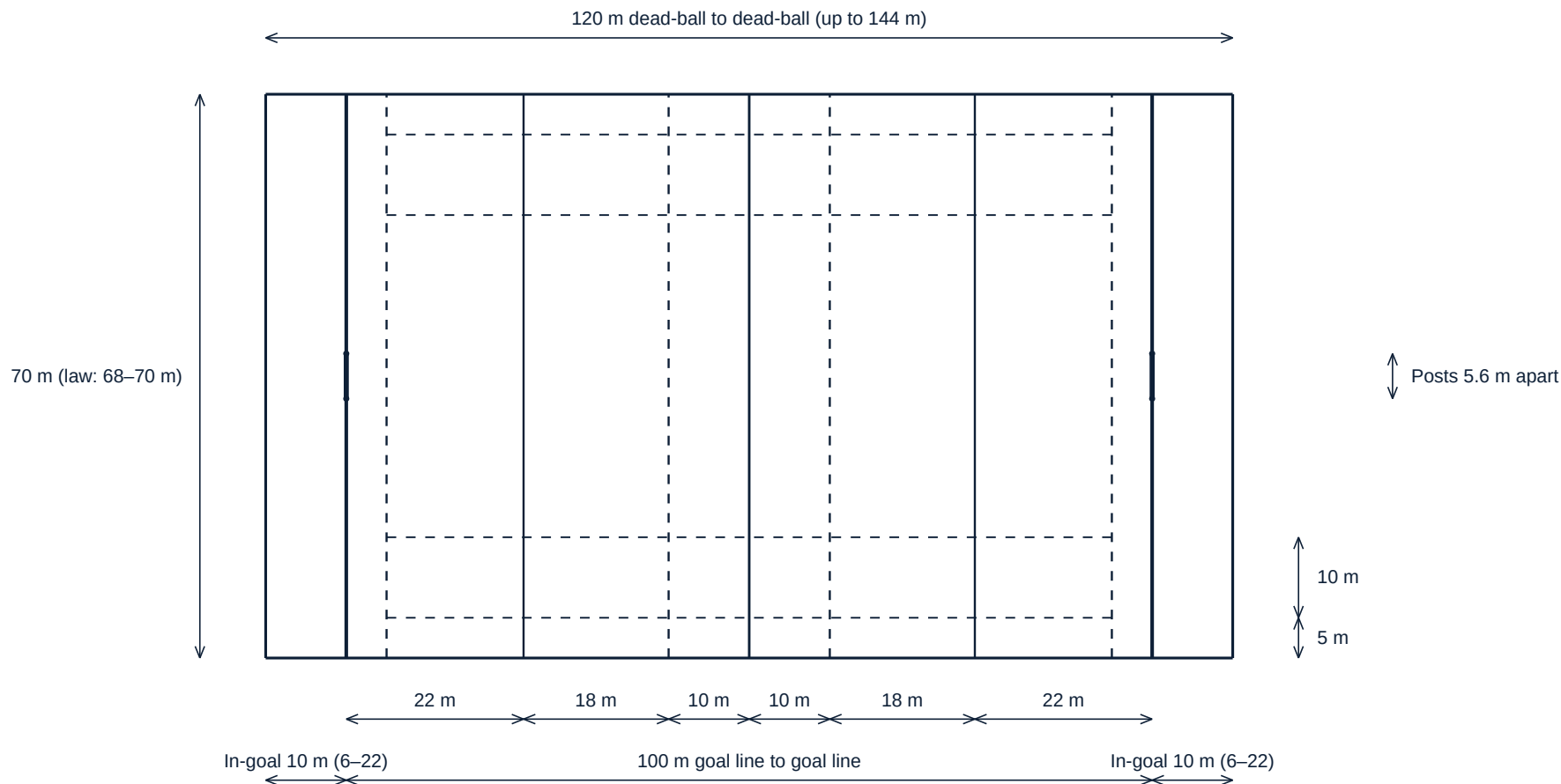


Rugby Field Dimensions -- Union & Sevens

100 x 70 m -- World Rugby Law 1, in metres



Field of play 94–100 m long by 68–70 m wide; in-goal areas 6–22 m deep, so the whole playing area can run to 144 x 70 m

Solid lines: goal lines, 22-metre lines and the halfway line. Dashed: the 10-metre lines either side of halfway, the 5-metre lines in front of each goal line, and the 5 m and 15 m dash lines in from touch

Goal posts 5.6 m apart on the goal line with the crossbar 3 m above the ground; uprights at least 3.4 m tall overall, with padding on the posts

The same pitch is used for rugby sevens, which is why the sevens field is not drawn separately