

WEEKLY TO-DO LIST

One column per day, a box per task. Write the dates in the headers, tick things off, and count each day at the bottom.

Week starting _____ This week's focus _____

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
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done ____ / ____		done ____ / ____		done ____ / ____		done ____ / ____		done ____ / ____		done ____ / ____		done ____ / ____	

THIS WEEK'S GOALS

- 1
- 2
- 3

NOTES / NEXT WEEK